Since 1913, Cornell Cooperative Extension of Oswego County has been the cornerstone of providing critical information on economic, societal, environmental, and agricultural issues affecting Oswego County residents.

Today, Cornell Cooperative Extension of Oswego County still prides itself in being a leader in family, youth and agricultural issues. Our programs have been recognized for their success locally, as well as throughout the state and nation.

Our success is due, in part, to the number of local, state, and federal agencies that support our programs. We receive tremendous support from the County of Oswego, State of New York and the United States Department of Agriculture. Many of our programs also rely on the power of collaboration and the expertise and knowledge of local organizations and Cooperative Extension Associations, located throughout the state and county.





Staff and volunteers deliver educational programs involving Agriculture, 4-H Youth Development and Human Ecology directly to the people of Oswego County. Individuals and families are taught at their homes, in their schools, on their farms and in community settings because we believe people take a special interest in learning when they have ownership in the educational process.

We teach, explain, demonstrate, and assist because our belief is that education can permanently change a person and a community.

We strive to make Oswego County a better place to live, work and grow...

### How can we help you?

Visit our website: http://www.thatscooperativeextension.org

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### Cornell Cooperative Extension

# Oswego County









## Healthy Families • Confident Youth • Successful Farms • Strong Communities

### Agriculture



Oswego County is primarily a rural, agricultural community located on the shore of Lake Ontario within the Interstate Route I-81 corridor. The centralized location provides for excellent agricultural marketing opportunities. Our unique soil types and climate allow for a wide variety of agriculture production. Affordable land coupled with excellent growing conditions and location make Oswego County a great place to farm!

- We offer Value Added Seminars to assist growers and producers in the development of marketing plans for agricultural products that will increase their financial stability.
- Our Oswego County Harvest Guide helps residents connect with local farmers.
- We help identify new agricultural opportunities that will support existing enterprises while attracting new agricultural related business into the county.

### 4-H Youth Development

4-H Takes You Places... Many youth would not have the opportunity to experience the life building skills 4-H provides without the traditional club setting. The Oswego County 4-H Program also hosts a number of activities open to the public and in local schools.

- Amboy 4-H Environmental Education Center offers public and private programs in a beautiful wooded setting.
- Our School Enrichment Program teaches kids about nature and the environment in their classrooms or on field trips to the Amboy 4-H Environmental Education Center.
- Through the JC Penney AfterSchool Fund and the National 4-H Council we partner with other Oswego County agencies
  to increase access to after school programs for our youth.



### Nutrition, Health, & Safety



Nutrition and health education, designed for preschool through mature audiences, is the core of this program.

- Eat Smart New York! Is the Food Stamp Nutrition Education Program that teaches participants about food budgeting, meal planning, nutrition, and food preparation.
- Through the Expanded Food and Nutrition Education Program (EFNEP) we assist limited resource Oswego County residents in acquiring the knowledge, skills, attitudes, and changed behavior necessary for nutritionally sound diets.
- To meet the needs of Oswego County residents, in collaboration with New York State Unified Court System, we implemented the "Parenting After Separation or Divorce Helping Children Adjust" program.

Cornell Cooperative Extension in Oswego County provides Equal Program Opportunities. If you are a person with a disability and require any auxiliary aids, services, or other accommodations for the program, please call Oswego County Cooperative Extension and a representative will contact you to discuss what accommodations are necessary.